5b)

$$
\begin{aligned}
2 x^{2}+8 x+3 & =0 \\
x^{2}+4 x+\frac{3}{2} & =0 \\
(x+2)^{2} & =-\frac{3}{2}+4 \\
& =\frac{5}{2} \\
x & =-2 \pm \sqrt{\frac{5}{2}} \\
& =\frac{-2 \sqrt{2} \pm \sqrt{5}}{\sqrt{2}} \\
& =-\frac{4 \pm \sqrt{10}}{2}
\end{aligned}
$$

7a) $x^{3}+12 x^{2}+48 x+64-(x+4)^{3}$

$$
\begin{aligned}
& \text { b) } x^{3}+12 x^{2}+30 x+4=0 \\
& x^{3}+12 x^{2}+48 x+64-18 x-60=0 \\
& (x+4)^{3}-18(x+4)+12=0 \\
& \text { let } u=x+4 \\
& u^{3}-18 u+12<0
\end{aligned}
$$

$$
\begin{gathered}
8 / 3 a^{2}+4 b^{2}+18 c^{2}-40 b-12 a c=0 \\
a^{2}-4 a b+4 b^{2}+2\left(a^{2}-6 a c+9 c^{2}\right)=0 \\
(a-2 b)^{2}+2(a-3 a)^{2}=0
\end{gathered}
$$

if $a, b, c$ are real
then

$$
\begin{aligned}
& (a-2 b)^{2}=0 \Rightarrow a=2 b \\
& (a-3 c)^{2}=0 \Rightarrow a=3 c
\end{aligned}
$$

thus

$$
a=2 b=3 c
$$

