

Simple Harmonic Motion

A particle that moves back and forward in such a way that its acceleration at any instant is directly proportional to its distance from a fixed point, is said to undergo **Simple Harmonic Motion (SHM)**

$$\ddot{x} \propto x$$

$$\ddot{x} = kx$$

$$\ddot{x} = -n^2 x \quad (\text{constant needs to be negative})$$

If a particle undergoes SHM, then it obeys;

$$\ddot{x} = -n^2 x$$

$$v \frac{dv}{dx} = -n^2 x$$

$$\int_0^v v dv = -n^2 \int_a^x x dx$$

$$\left[v^2 \right]_0^v = -n^2 \left[x^2 \right]_a^x \quad (a = \text{amplitude})$$

$$v^2 = n^2(a^2 - x^2)$$

$$v = \pm n\sqrt{a^2 - x^2}$$

NOTE:

$$v^2 \geq 0$$

$$a^2 - x^2 \geq 0$$

$$-a \leq x \leq a$$

\therefore Particle travels back and forward between $x = -a$ and $x = a$

$$\frac{dx}{dt} = -n\sqrt{a^2 - x^2}$$

$$\frac{dt}{dx} = \frac{-1}{n\sqrt{a^2 - x^2}}$$

$$\int_0^t dt = \frac{1}{n} \int_a^x \frac{-1}{\sqrt{a^2 - x^2}} dx$$

$$t = \frac{1}{n} \left[\cos^{-1} \frac{x}{a} \right]_a^x$$

$$= \frac{1}{n} \left\{ \cos^{-1} \frac{x}{a} - \cos^{-1} 1 \right\}$$

$$= \frac{1}{n} \cos^{-1} \frac{x}{a}$$

$$nt = \cos^{-1} \frac{x}{a}$$

$$\frac{x}{a} = \cos nt$$

$$\underline{x = a \cos nt}$$

If when $t = 0$;

$x = \pm a$, choose - ve and \cos^{-1}

$x = 0$, choose + ve and \sin^{-1}

In general;

A particle undergoing SHM obeys

$$\ddot{x} = -n^2 x$$

$v^2 = n^2(a^2 - x^2) \Rightarrow$ allows us to find path of the particle

$$x = a \cos nt$$

$$\text{OR } x = a \sin nt$$

where $a =$ amplitude

the particle has;

$$\text{period : } T = \frac{2\pi}{n}$$

(time for one oscillation)

$$\text{frequency : } f = \frac{1}{T}$$

(number of oscillations
per time period)

e.g. (i) A particle, P , moves on the x axis according to the law $x = 4\sin 3t$.

a) Show that P is moving in SHM and state the period of motion.

$$x = 4\sin 3t$$

$$\dot{x} = 12\cos 3t$$

$$\ddot{x} = -36\sin 3t$$

$$= -9x$$

\therefore particle moves in SHM

$$T = \frac{2\pi}{3}$$

\therefore period of motion is $\frac{2\pi}{3}$ seconds

b) Find the interval in which the particle moves and determine the greatest speed.

\therefore particle moves along the interval $-4 \leq x \leq 4$

and the greatest speed is 12 units/s

(ii) A particle moves so that its acceleration is given by $\ddot{x} = -4x$. Initially the particle is 3cm to the right of O and traveling with a velocity of 6cm/s.

Find the interval in which the particle moves and determine the greatest acceleration.

$$v \frac{dv}{dx} = -4x$$

$$\int_6^v v dv = \int_3^x -4x dx$$

$$\left[v^2 \right]_6^v = -4 \left[x^2 \right]_3^x$$

$$v^2 - 36 = -4x^2 + 36$$

$$v^2 = -4x^2 + 72$$

$$\text{But } v^2 \geq 0$$

$$-4x^2 + 72 \geq 0$$

$$x^2 \leq 18$$

$$\underline{-3\sqrt{2} \leq x \leq 3\sqrt{2}}$$

$$\text{when } x = 3\sqrt{2}, \ddot{x} = -4(3\sqrt{2})$$

$$= -12\sqrt{2}$$

$$\underline{\therefore \text{greatest acceleration is } 12\sqrt{2} \text{ cm/s}^2}$$

(iii) 2012 Extension 1 HSC Q 13c)

A particle is moving in a straight line according to the equation

$$x = 5 + 6\cos 2t + 8\sin 2t$$

where x is the displacement in metres and t is the time in seconds

a) Prove that the particle is moving in SHM by showing that

$$\ddot{x} = -n^2(x - c)$$

$$6\cos 2t + 8\sin 2t = 10\sin(2t + \alpha)$$

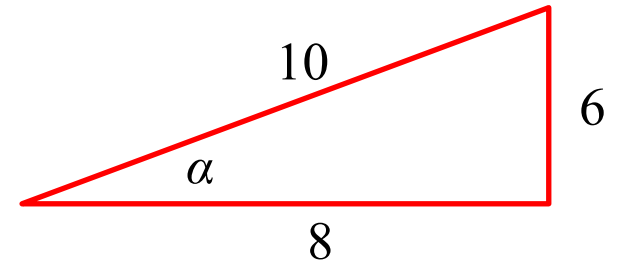
$$x = 5 + 10\sin(2t + \alpha)$$

$$\dot{x} = 20\cos(2t + \alpha)$$

$$\ddot{x} = -40\sin(2t + \alpha)$$

$$= -4(5 + 10\sin(2t + \alpha) - 5)$$

$$= -4(x - 5)$$



$$\begin{aligned}\alpha &= \tan^{-1}\frac{3}{4} \\ &= 0.6435\dots\end{aligned}$$

\therefore particle moves in *SHM* as it is in the form $\ddot{x} = -n^2 x$

b) When is the displacement of the particle zero for the first time?

$$5 + 10\sin(2t + \alpha) = 0$$

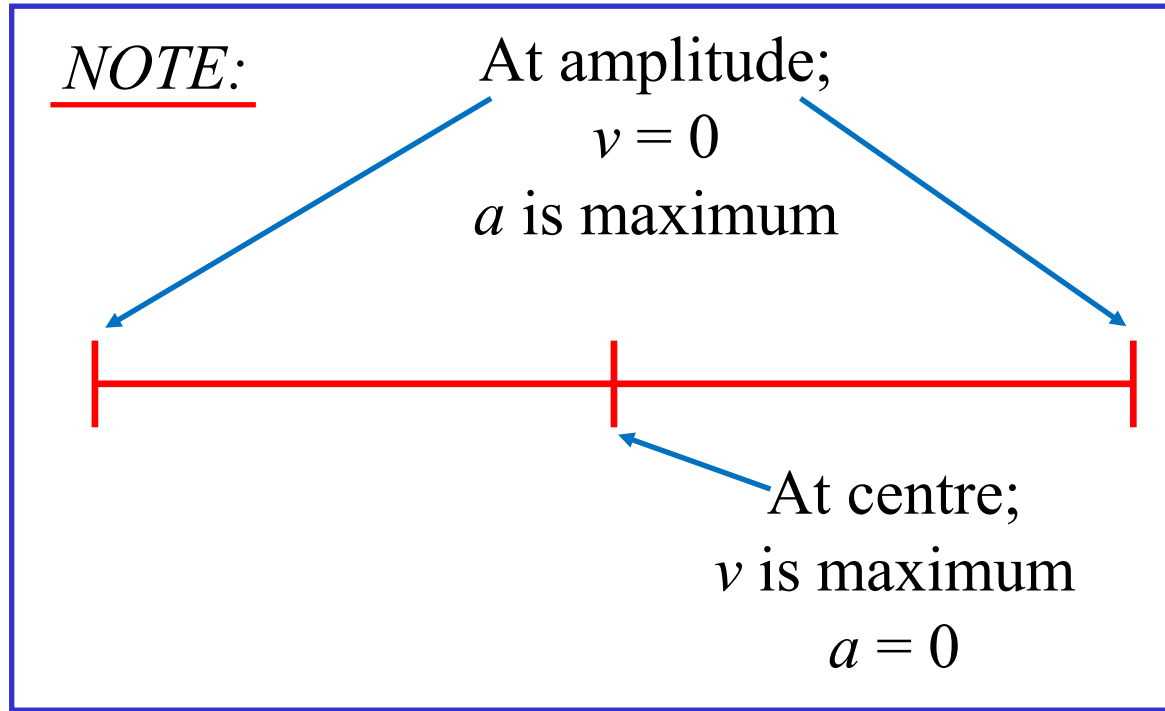
$$\sin(2t + \alpha) = -\frac{1}{2}$$

$$2t + \alpha = \frac{7\pi}{6}$$

$$2t = \frac{7\pi}{6} - \alpha$$

$$t = \frac{7\pi}{12} - \frac{\alpha}{2}$$

$$t = 1.5108\dots$$



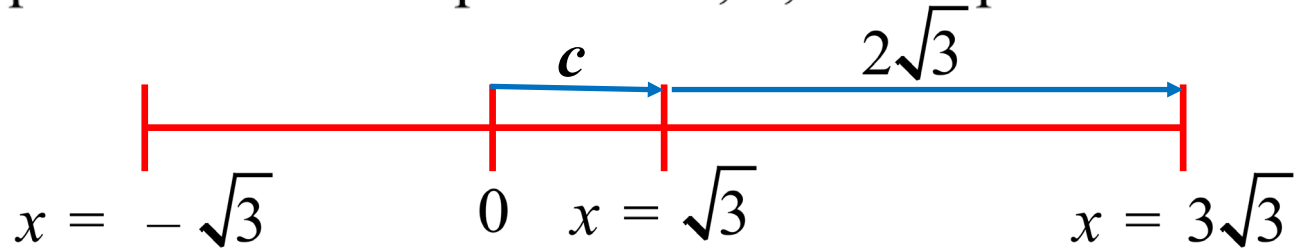
\therefore particle's displacement is first zero after 1.5 seconds

(iv) 2020 Extension 2 HSC Q 13a)

A particle is undergoing simple harmonic motion with period $\frac{\pi}{3}$.

The central point of motion of the particle is at $x = \sqrt{3}$. When $t = 0$ the particle has its maximum displacement of $2\sqrt{3}$ from the central point of motion.

Find an equation for the displacement, x , of the particle in terms of t .



Particle starts at the amplitude, so the equation is in the form

$$x = a \cos nt + c$$

$$T = \frac{\pi}{3} \quad c = \sqrt{3}$$

$$\frac{2\pi}{n} = \frac{\pi}{3} \quad a = 2\sqrt{3}$$

$$n = 6$$

$$\therefore x = 2\sqrt{3} \cos 6t + \sqrt{3}$$

Exercise 6B; 1, 5, 7, 8, 10, 12, 13, 17, 18, 21, 23

(start with trig, prove SHM or are told)

Exercise 3C; 1, 4, 5b, 6b, 8, 9, 10, 11, 14 a, b(ii,iv), 16, 18, 19, 23

(start with $\ddot{x} = -n^2 x$)